

Getting started with TelaMed+



You are only a few minutes away from having 24/7 access to quality medical care. Teladoc's U.S. board-certified doctors are available to resolve many of your medical issues from wherever you happen to be. Set up your Teladoc account so that when you need care immediately, we're just a call or click away.

Complete your medical history disclosure (MHD).

Your MHD provides Teladoc doctors with the information they need to make an accurate diagnosis. Complete your MHD for the most complete care.

Registration by phone: 1-855-847-3627



To register by phone please have the following information available for yourself and each dependent you will be registering:
Name, Home Address, DOB, Call-back Phone Number, Preferred Pharmacy, Membership and Group ID Numbers (from your Benefit Card).

You will then be asked to complete a simple **Medical History**:
Please have ready your primary care physician, your current medication list, allergy record and pertinent lifestyle information.



Online: Visit www.Teladoc.com/FeelBetter and log in to your account. Complete the "My Medical History" section.



Paper: Paper MHDs may be provided by your organization. Allow 14 days for account setup from the time Teladoc receives your form(s).

Request a consultation.

Once your account is set up, request a consultation with a Teladoc doctor anytime and anywhere you need it.



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Phone: 1-855-847-3627

When can you use Teladoc?

Two words: **Anytime. Anywhere.**
Teladoc is simply a more convenient, more affordable way to receive quality healthcare.

- When you need care now.
- If you're considering the ER or urgent care center for a non-emergency issue.
- On vacation, on a business trip, or away from home.
- For short-term prescription refills.

What can you use it for?

Our U.S. board-certified doctors can diagnose, recommend treatment and prescribe medication, if necessary, for many of your medical issues including:

- Cold and flu symptoms
- Bronchitis
- Respiratory infection
- Sinus problems
- Allergies
- Urinary tract infection
- Ear infection
- Pink eye

Teladoc is happy to provide information about your consultation to your primary care physician.

TelaMed+ inc.

24/7/365 on-demand access to
U.S. BOARD-CERTIFIED DOCTORS

Visit: www.KHG.TelaMedPlus.com

E-mail: Info@TelaMedPlus.com